

MEGGZ

*A quiet space for a story of
survival, rescue, and the
King James Version Bible.*

A Reluctant Messenger



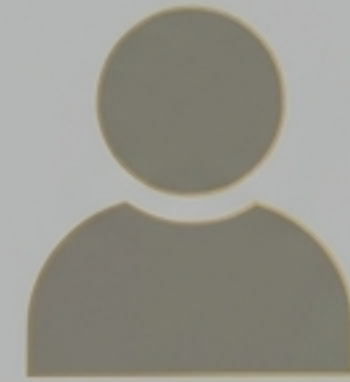
Not a religious fanatic.

I'm not beating you over the head with a Bible.



Not a clinical professional.

I'm not a medical, mental health person. I don't work for a company.

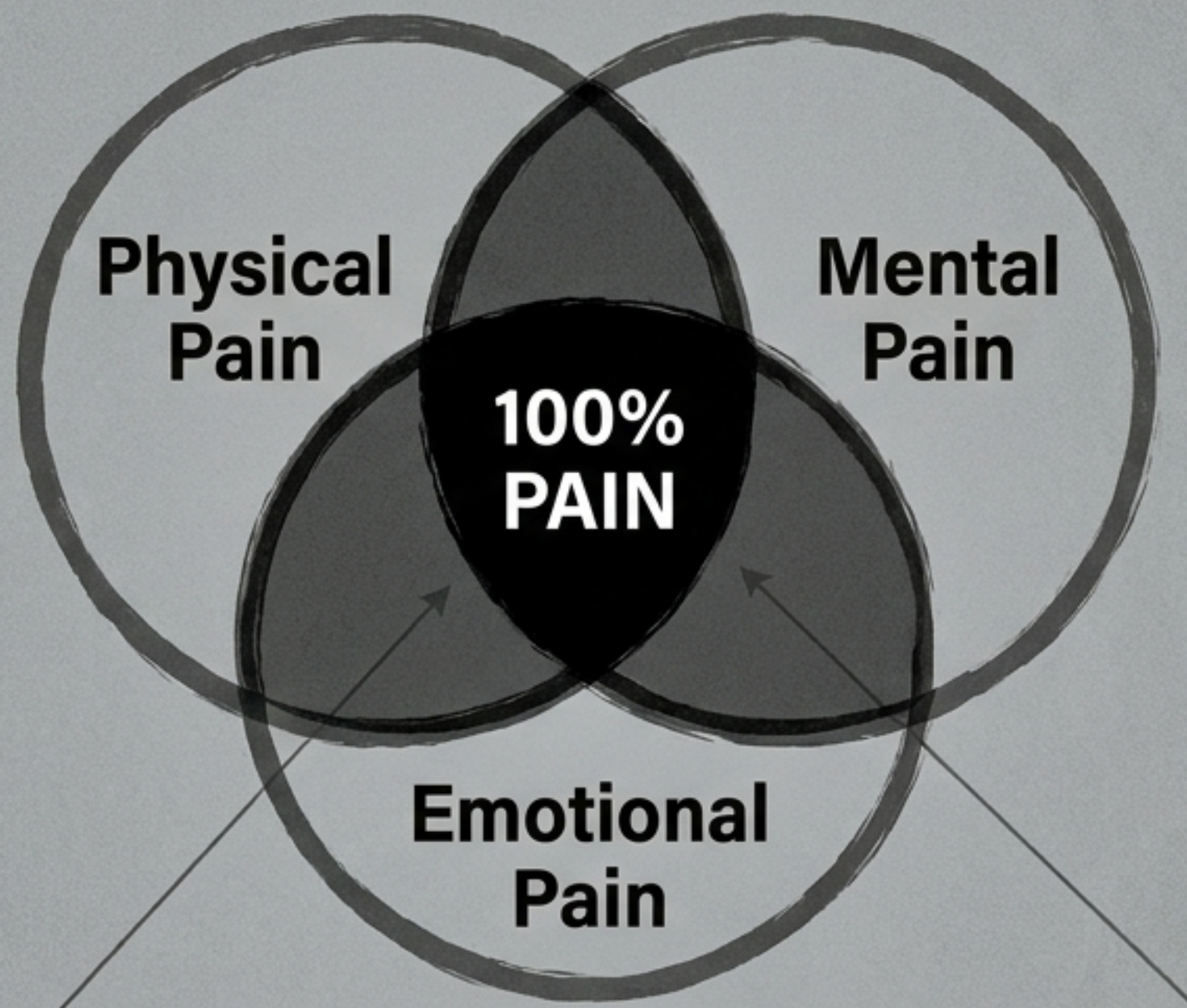


Just a quiet survivor.

Normally a very shy, quiet, mellow person.

Sometimes I just have to say some things... that I think might help someone else.

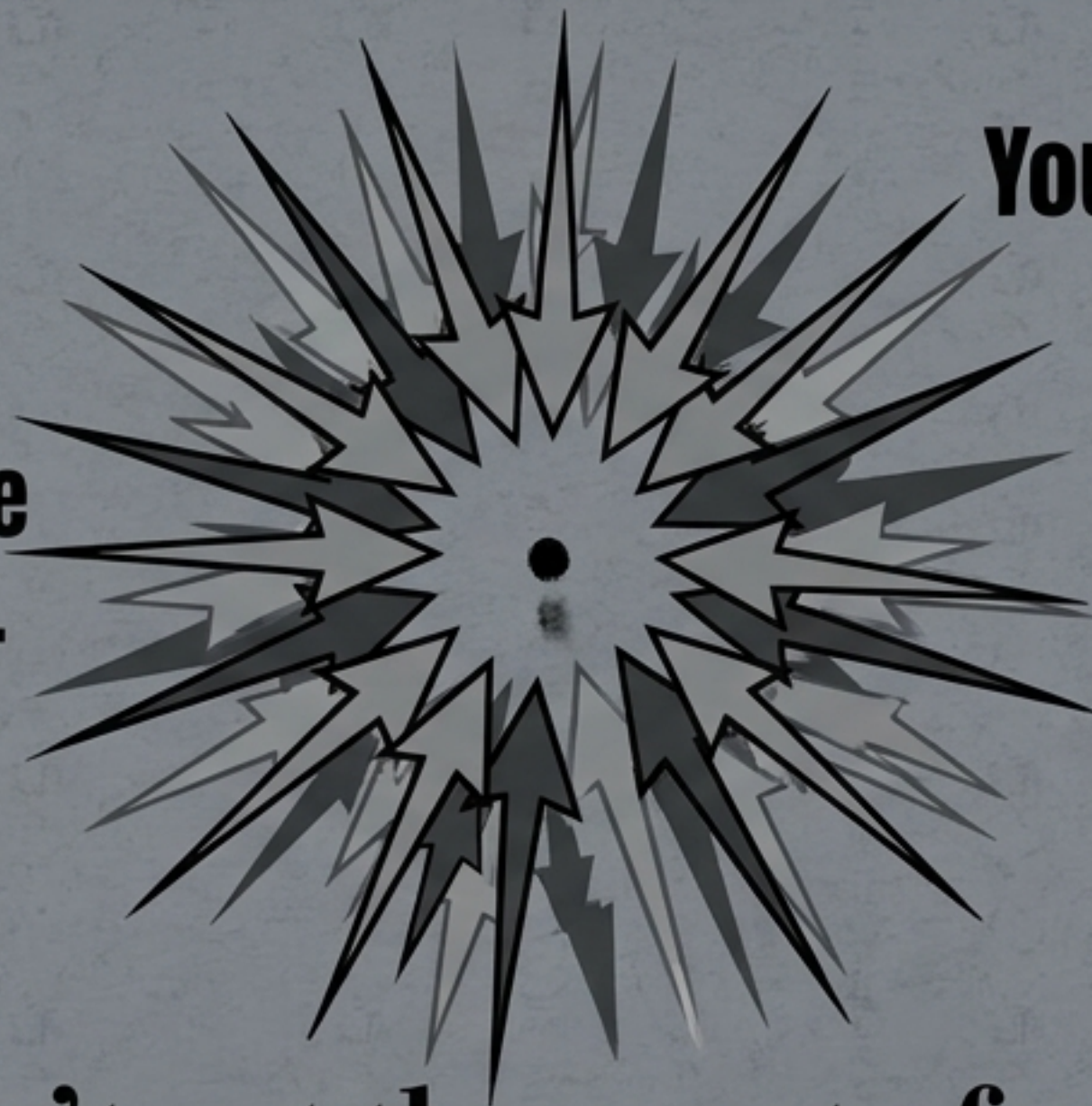
The Anatomy of Destruction



I cried for so many years. Not depression, it was just 100% pain.
It did so much damage and destroyed me and my whole life.

The Crushing Weight of “So-Called” Family and Friends

**You will never be
perfect enough.**

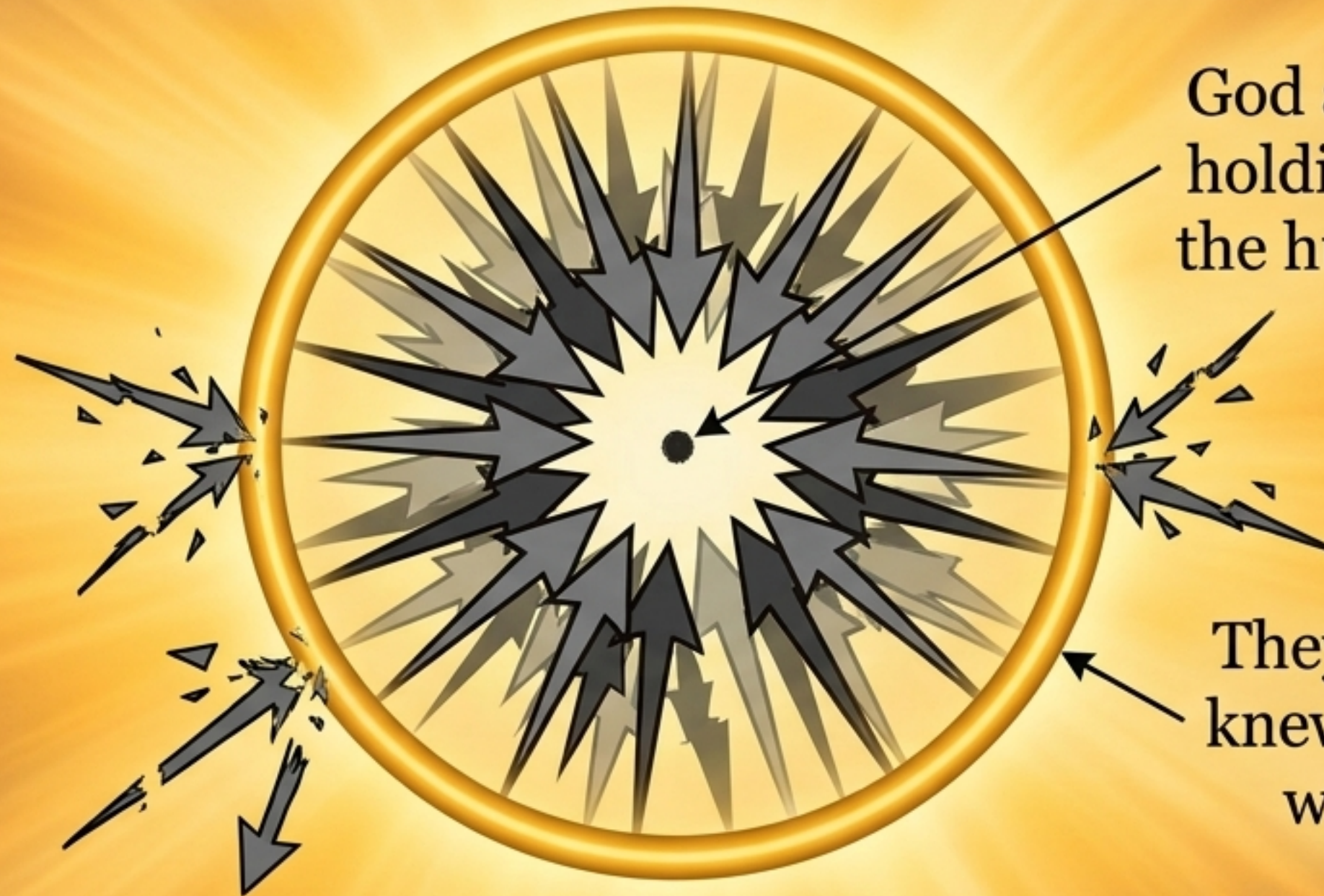


You are a failure.

**You are guilty of
everything possible in
every way possible.**

**“I couldn’t get them out of my head...
I had no one left to rely on.”**

The Refusal to Let Go



God and Jesus
holding on tighter as
the hurt increased.

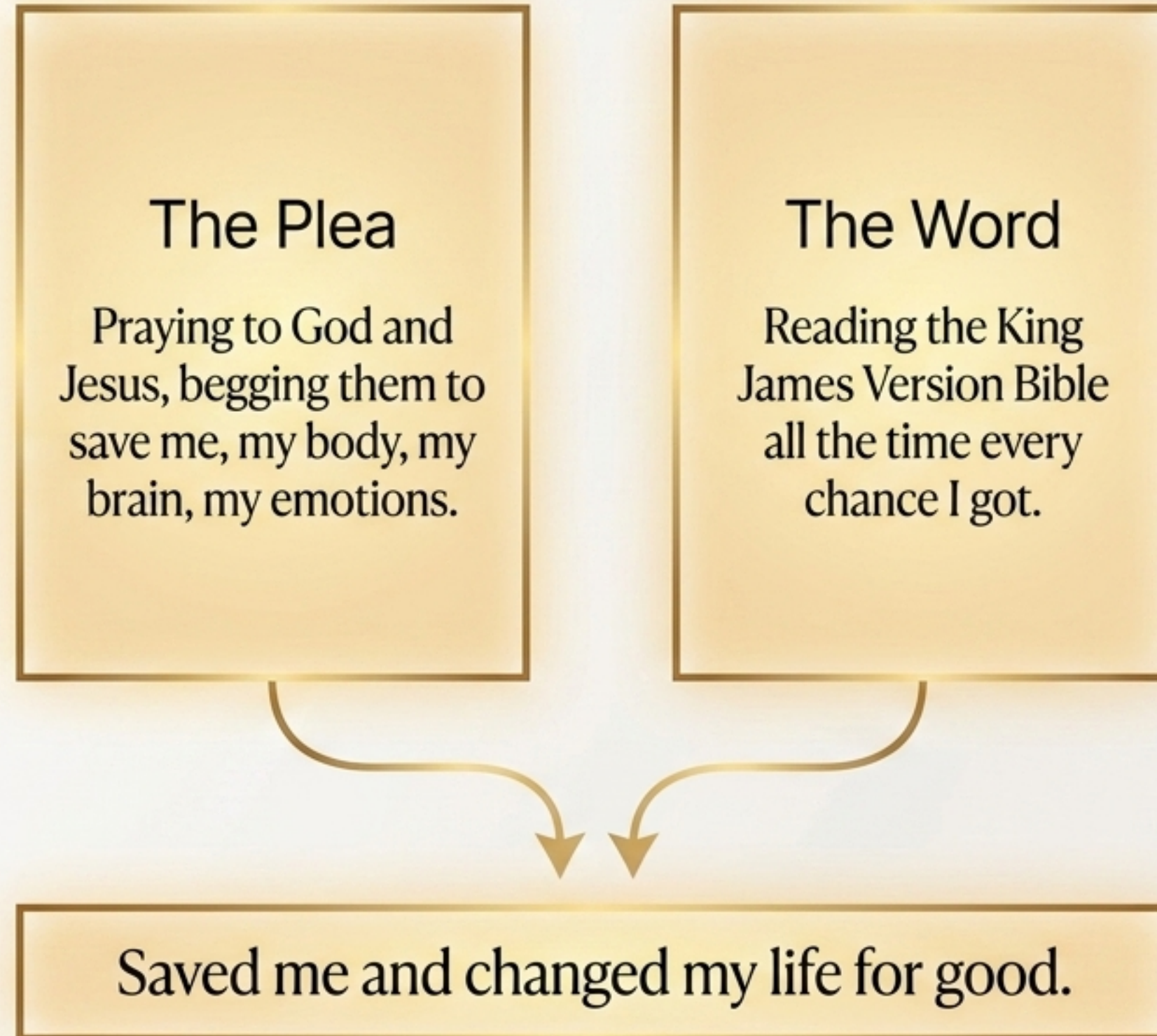
They saw, heard and
knew everything that
was happening.

They refused to let me go or let anything happen to me.

We are both here for you
and we will *never leave you* like
everybody else did.

— God and Jesus, proving I actually did have someone.

The Anchors of Rescue



The Contrast of Two Worlds

The Noise of the World

The Voices

Failure
Guilty
Never perfect enough

The Relationship Dynamics

Abandonment by
“so-called” family
and friends

The State of Being

Destroyed,
100% Pain,
Crying for years

The Quiet of Faith

We are here for you
We will never leave

Refusal to let go,
holding on tighter

Saved body, brain,
and emotions

From Isolation to Separation



Involuntary Isolation

(Abandoned by hurtful friends/family;
having no one left to rely on)



Divine Separation

(A protective boundary
intentionally placed by God)

“God has separated me from everyone.” What felt like being left alone was actually being set apart for protection.

The New Normal



Quiet



Simple



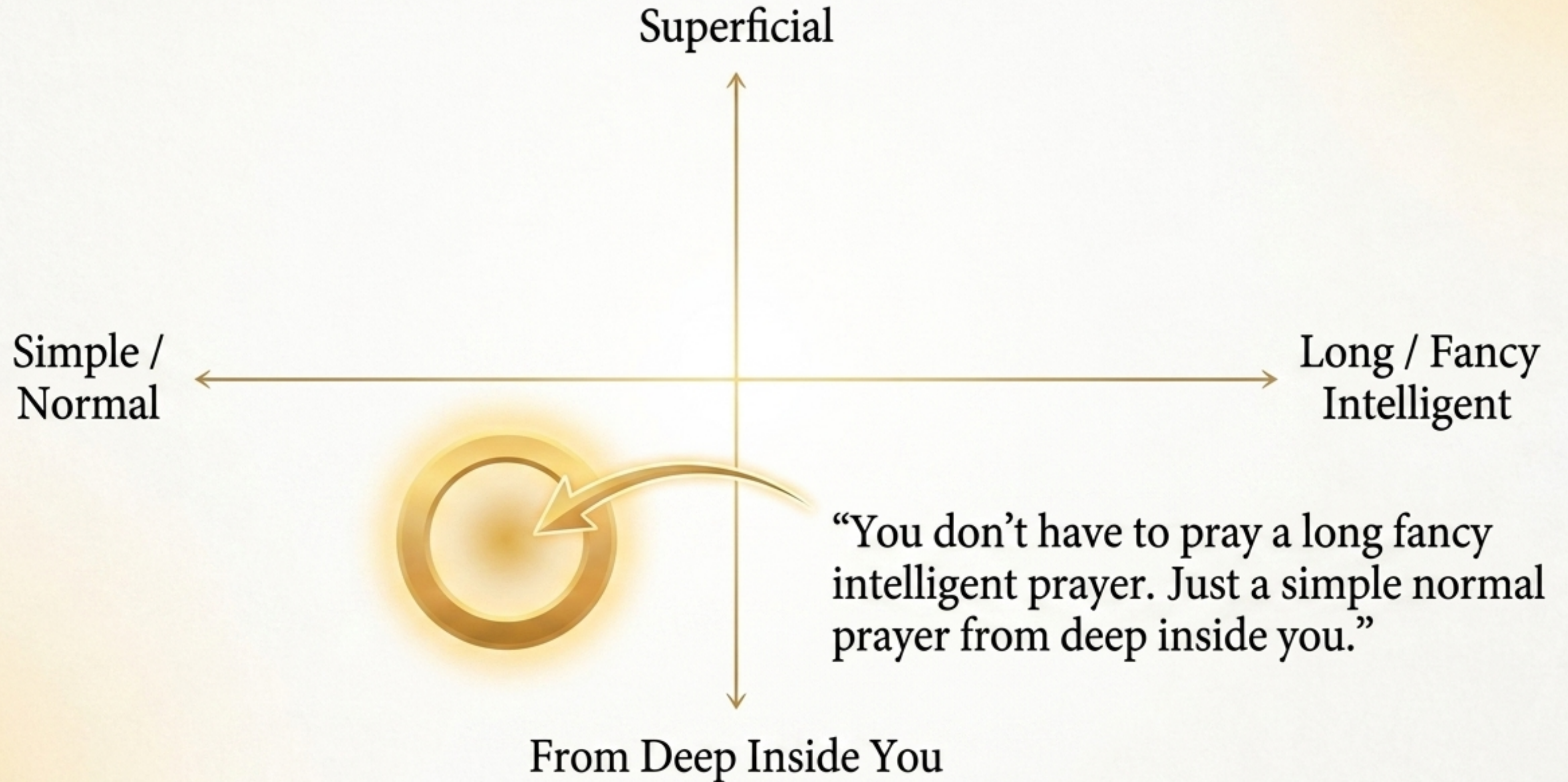
Peaceful



Protected

A life that only He is powerful enough to give.

How to Ask for Rescue





He can do the same for you if you ask him.

There is hope for those who think no one is there for them.